

27/07/20



*You can either play a video of me saying the morning verse (labelled **Greeting and Morning Verse**), or you can say it by yourself.*

Good morning everyone,

Let us now light a candle and cross our hands over our hearts and say the Morning Verse. This term there will be another part added to the Morning verse you already know.

Morning verse

**I look into the world
In which the sun is shining
In which the stars are sparkling
In which the stones repose**

**Where living plants are growing
Where sentient beasts are living
Where human souls on earth
Give dwelling to the spirit.**

I look into the soul,
That lives within my being
The World Creator weaves
In sunlight and in soul light,
In world space there without
In soul depths here within.

Before we start today, I would like you to do star jumps, but before that, make sure you have enough space around you.

*Have your feet together and arms beside you. When you jump, your legs go to the sides and your arms swing straight up and your hands clap. Now, when you do your star jumps, I would like you to recite **the 7 times table**. It will be tricky at first, but with practice you will get better.*

Once you are finished, you can sit down and practice the new tongue twister:

***There's no need to light a night-light
On a light night like tonight
For a night-light's a slight light
On a light night like tonight.***

Read the tongue twister a few times and then try to say it from memory. Once you are confident say it fast 3 times.

Once finished, you can open your spelling book and in your most beautiful running writing and by using your fountain pen (or a grey led) copy the spelling list twice. Do not forget to include the date and make sure all the letters are in lower case. Also try to look, cover, copy and then check your spelling.

Week 2 spelling list:

celery	
cinnamon	
excellent	
council	
cataract	civilisation
vizier	participation
pharaoh	inundation

Once finished, you can close your spelling book and open your purple maths practice book. Below you will find a maths warm-up sheet which includes exercises of variable difficulty. The ones at the top are the easiest while the bottom ones are the most challenging. You do not have to solve them all, but make sure you challenge yourself.

Quick maths

- 1 ... + ... + ... = 51
 - 2 How many 6's make up 18?
 - 3 ... x ... = 24
 - 4 I doubled the number added 14 and got 20. What was the number?
 - 5 It is 2.55 a.m. How many hours and minutes until midday? (think whether you need to count forward or backward)
 - 6 $180 - \dots = 90$
-
- 7 What is one twelfth of 48?
 - 8 Half of 746 =
 - 9 $\$29.35 + \$13.75 =$
 - 10 $555 - \dots = 432$
 - 11 ... + 37 + ... = 202
 - 12 $87 - 18 =$
 - 13 What is one ninth of 450?
 - 14 It is 1.30 p.m. How many hours and minutes ago was midnight?
 - 15 $1/6$ of 42 =
 - 16 I tripled the number, took away 13 and got 29. What was the number?
 - 17 7 times 3 times 4 take away 3 then divide by 9. What is the answer?
 - 18 $9042 + 3689 + 88 - 6671 =$
-

- 19 810 shared between 9 =
- 20 How fast do you need to travel to cover a distance of 600 kilometres in 12 hours?
- 21 Convert these decimal fractions into common fractions: 0.01; 9.41; 0.5 (try to simplify the last one as well)
- 22 Convert $\frac{11}{6}$ to a mixed fraction and simplify if possible.
- 23 To solve these equations, you will need to solve the multiplications before you do the addition.
- $424 - 88 + (14 \times 7) =$ $(16 \times 12) - 59 + 89 =$
- 24 I had \$85.65. First, I've spent \$15.95, then \$16.10 and finally \$32.55. How much money was I left with?

Now you can have a 5-minute break.

Welcome back. The story on Friday described how Isis brought the body of Osiris back to Egypt and how Set managed to find it and scatter the Pharaoh's body all over Egypt. You have also heard how Isis found all but one piece. The story continued to describe what happened to Isis's son Horus.

I would like you to spend the next 10 minutes retelling this story to one of your parents. Use the clues below to help you along:

Set finds the coffin
Set scatters Osiris's body
Isis finds all but one piece and performs a burial
Horus is stung by a scorpion
The council of the gods

Once finished retelling the story to one of your parents, you can open your Main Lesson book.

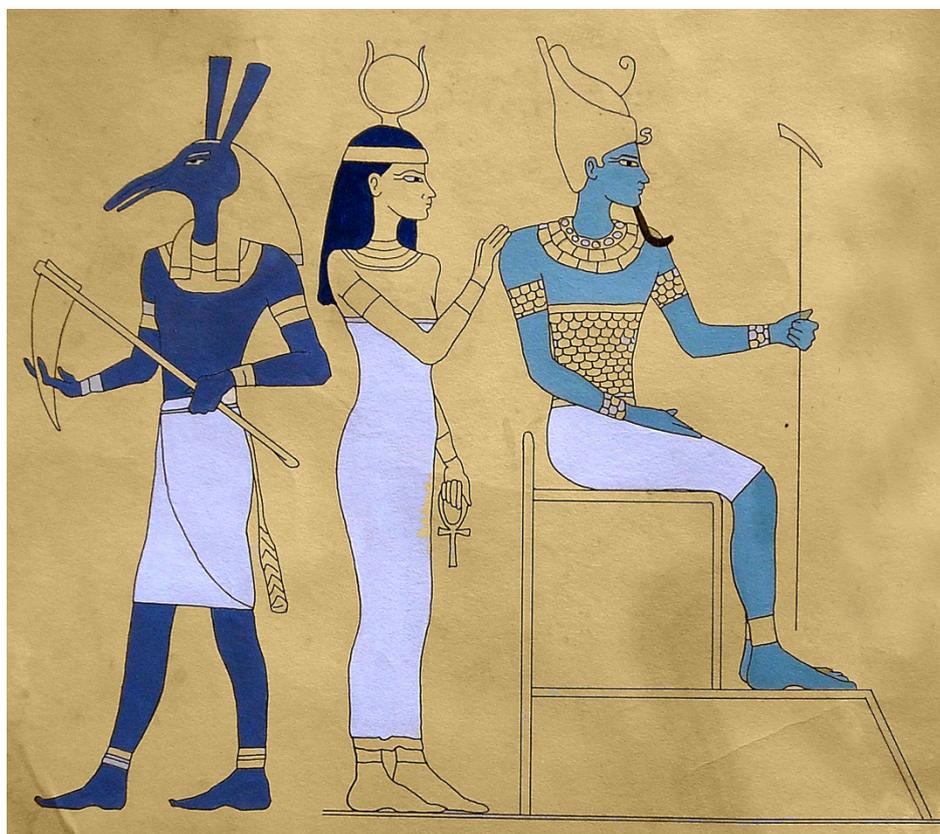
Today I would like you to think which part of the story about Isis, Osiris, Set and Horus you found the most interesting or fascinating.

The main task for today will be to draw a detailed depiction of that scene in your Main Lesson book. You can use a single or a double page for that. You will also need to come up with a caption describing the scene.

Caption is a title or brief explanation accompanying an illustration.

Be as detailed in your drawing as you can, you can spend about 40 minutes on this task.

Below you will find a drawing of various Egyptian gods for your inspiration.



Set

Isis

Osiris



Ra



Horus



You can also use some time of this Main Lesson to complete any unfinished work. That might be either drawing or writing from last week.

*Once finished, you can pack everything away and prepare for the story. You can either play the recording named **Set is tricked by Isis**, or you can read the story attached below.*

When all were assembled before Amen-Ra, the Father of Gods and Men, Set put his case, saying that as the brother of Osiris, he should be the next Pharaoh – ‘And I am already the ruler of Egypt,’ he ended fiercely, ‘for my followers hold all the land, and if anyone tries to take it from me, I shall lay it waste with fire and water.’

But wise Thoth spoke for Horus, saying, ‘Even as Osiris the first-born was the true King of Egypt, so his first-born son Horus should be the king who succeeds him.’

‘You would not have a babe to rule Egypt!’ cried Set. ‘And what proof have we that this child Horus, if still alive, is indeed the son of Osiris – for Osiris died long before he was born!’

Then Isis sprang forward and spoke so well and so persuasively that Set saw that the gods were certain to be won by her words.

‘So you would let Egypt be ruled by a woman!’ he shouted suddenly. ‘Send Isis away, let her not take part in this council – she pleads for her son only so that she herself can rule all things! Remember how she won the land of Egypt for her husband when she learnt the Secret Name of Ra! Send her away, or I will bring war even among the gods and kill you who stand here one by one until all dwell with Osiris in the Duat.’

When Set had spoken Ra broke up the council for that day, saying, ‘In the morning we will meet once more to decide this matter. Let our place of meeting be upon the

Central Island here, where the Nile divides – and let the ferryman take good heed that Isis does not come across the river to it.’

So the gods and goddesses passed on to the island. But Isis, having taken counsel with Thoth, sought out her sister Nephthys, the wife of Set who had deserted her husband after the murder of Osiris and joined Isis, bringing her son Anubis with her.

Nephthys had not been at the council of the gods, for she dreaded lest they should compel her to return to her husband Set, whom she now hated and feared. She agreed willingly to help Isis in her plot against Set, disguised herself as her sister and lent Isis the head-dress shaped like a basket which she herself was accustomed to wear.

With the aid of her magic, Isis made herself look like Nephthys in face and voice as well as in her garments. Then, as soon as the full moon was shining over the river, she went down to the water’s edge, and bade the ferryman take her over to the island.

At first he feared to do so thinking that her presence might anger Ra and Set almost as much as her sister’s. But Isis spoke to him with gentle words and offered him a rich gift.

‘My sister is forbidden to sit in the council of the gods,’ she said, ‘but I, Nephthys, have not been denied my rights, and I come to speak on behalf of Horus the son of Isis and Osiris.’

So the ferryman rowed her across to the island, never suspecting that she was other than she seemed. And when she found Set, he also was deceived and exclaimed, 'Nephthys, my Queen! I would have sent messengers to seek and bring you back to me on the morrow when I have been proclaimed Pharaoh of Egypt by all the gods in council. I am glad that you have returned to me of your own free will.'

'How could I stay away from you when I was free to come?' murmured Isis in the voice of Nephthys. 'Ah, my dear lord, did you not know that I had been kept away by the wicked magic of my sister Isis?'

Now Set knew very well that Nephthys had left him by her own wish, and he had small faith in her excuses. But as she stood there in the moonlight, so slim and beautiful, with her lovely eyes shining with love, Set forgot all his cunning and wished only to have Nephthys as his wife once more.

'Come back to me indeed,' he said, 'and I will forgive you all that is past, and make you my Queen.'

'First,' said the supposed Nephthys, 'you must swear an oath before all the gods in council that my son shall be Pharaoh of Egypt as soon as the time comes for him to rule this land – and that you will do him no harm nor plot anything against him unless he himself should attack you.'

'Yes, yes, I'll promise that Anubis shall succeed me as Pharaoh,' exclaimed Set impatiently, moving to embrace her.

‘You must not touch me,’ she said, drawing back, ‘until you have sworn the oath.’

Nor would she let Set embrace her, though she sat by his side until the dawn came, drinking the rich red wine of the Delta – or seeing that he drank it – and singing him sweet love-songs.

In the morning she let him take her arm to support his drunken steps to the place on the island where the council of the gods was to be held. And at her prompting he swore to her before them all this oath:

‘I swear by Him who sleeps at Philae that your son shall be Pharaoh of Egypt as soon as the time comes for him to rule this land, and that I will do him no harm nor plot anything against him unless he himself should attack me or try to take my throne.’

As soon as the oath was sworn, Isis laughed with the sweet, silvery laugh like the tinkling of the bells on the sistrum which she usually carried. And as she laughed, her face changed with her voice, she took off the head-dress of Nephthys, and all could see that it was indeed Isis to whom the drunken Set had sworn his oath.

‘What further need the gods in council to declare, except that Set must keep the oath which he has sworn by Him who sleeps at Philae?’ she cried. ‘I am Isis, and he has sworn that my son, my only son, Horus, is the rightful Pharaoh of Egypt!’

Then all the gods laughed at the trick Isis had played, and even Ra’s brow grew bright – for since Set had sworn,



there was no more to be said. And all the gods knew in their hearts that Horus was the rightful king.

But Set bellowed with rage like a mad hippopotamus, and cried in a voice which shook the hills like thunder: 'Not so easily shall Horus win my kingdom! When he is grown, let him come against me, and I will slay him and feast on his flesh, and become King indeed!'

Then he went away into the deserts of the south above the First Cataract with all his followers, and there was peace in Egypt for a while.

But all knew that the great war was to come. And, whether in the Duat or after his spirit returned to his body on the island of Chemmis, Horus was being trained every day to be the Avenger of Osiris.

*If you choose to listen to the chapter book before you have morning tea, you can play the recording now, otherwise, you can cross your hands over your hearts and say the **Main Lesson ending verse**. I have added yet another verse for you to practice.*

Hymn to Osiris

Shout aloud, you people who within the temple stand,
Glory to omnipotent Osiris!
Blazen forth his triumph till his splendour fills the land,
Honour to the living God, Osiris!

Secret is his nature and his ways beyond our ken,
Ancient, yet a babe, is great Osiris;
As the Moon he watches and divides the months for men
Times and seasons wait upon Osiris.

When the Sun-god passes to the realm of Death and Night,
Monarch of that kingdom is Osiris;
When he comes in glory in the glowing morning light,
Throned on high beside him is Osiris.

Now you may blow out the candle.

Enjoy your morning tea.

I would like you to find some time today to read your favourite chapter book.